



# Sandra Bendoriute

**Independent Case Manager Assistant  
SB Case by Case**

**Complex Care**

**sandra@sbcasebycase.co.uk**

## Adults and Children

### Specialisms

Brain Injury,  
Spinal Injury,  
Complex Polytrauma.

### Experience of:

Challenging Behaviour,  
Intensive Care,  
Mental Health  
Management,  
Pain Management,  
Vocational Support.

### Profile

Sandra is a highly experienced health and social care worker. She is person-centred, reliable and results-oriented with over six years' experience supporting individuals with physical and mental health care needs within community and acute hospital settings.

Sandra has extensive hands-on experience working with adolescents and adults with conditions including brain and spinal injuries, PTSD, anorexia, depression and epilepsy. Her educational foundation in psychology enables her to take an informed and holistic approach to client and team management, enhancing the outcomes for both. She has also worked in mental health care environments and is experienced in supporting younger clients with such challenges.

In her past roles, Sandra has managed care teams, participated in physiotherapy and cognitive rehabilitation activities, implemented client care routines, and trained staff with the aim of achieving the goals set by the client. Sandra has organised activities to support clients' social and psychological wellbeing, and provided emotional and psychological support through skilled, open, communication techniques.

Sandra's keen attention to detail ensures effective oversight of all tasks, leading to smooth running and well supported teams. Sandra has excellent communication skills which is invaluable in promoting engagement and aiding de-escalation in challenging family dynamics. This contributes to well managed teams and a stable care environment.

### Testimonial

"At all times Sandra was extremely professional and made sure her client was safe and enjoying himself to the best of his ability. Whilst her role was to support my father the other person in the house was my mother who was the other full time carer alongside Sandra and they has a very good working relationship that to this day developed into a friendship." -  
*Client's Family Member*

### Location:

London

### Coverage:

South East England, South West England, Northern England



The  
Case Management  
Community

## Qualifications

BSc Psychology 2018  
MSc Foundations of Clinical Psychology and Mental Health 2021

<b>Continuous Professional Development</b>	<p>Regular training and formal 3 monthly supervision.  Professional development reviews and governance/due diligence checks are undertaken annually.  Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.</p>
<b>Professional Liability Insurance Policy</b>	<p>Professional Indemnity Cover: up to £6 million per claim  Public Liability Cover: up to £6 million per claim  Policy details available on request.</p>
<b>GDPR compliant</b>	<p>Current ICO Certificate available on request.  Data Controller: Sandra Bendoriute</p>
<b>Enhanced Disclosure and Barring Service (DBS) Certificate &amp; Update Service</b>	<p>Full DBS check completed &amp; update service details available on request.</p>
<b>Key Policies</b>	<p>All our policies and procedures are reviewed annually, and full details are available on request.  Our suite of policies and procedures include Governance (including third party due diligence), Data &amp; IT, Safeguarding, Safe Working &amp; Risk Management, Employment, Clinical.</p>