



Helen Burrow

Independent Case Manager
HB Case Management

Neuro Occupational Therapist
helen@helenburrow-cm.co.uk



Specialisms

Adults

Brain Injury,
Spinal Injury,
Complex Orthopaedic.

Amputation,
Challenging Behaviour,
Mental Health
Management,
Pain Management,
Vocational Support.

Profile

Helen is a seasoned case manager and occupational therapist, specialising in amputee rehabilitation and complex brain injury. She is dedicated to transforming lives through bespoke, compassionate care, and rehabilitation programmes for adults and their families.

With over two decades of experience, Helen is deeply committed to enhancing the lives of adults facing life-changing injuries through expert case management. She utilises a unique skill set to support individuals from 16 to 90 years old. Her approach integrates tailored rehabilitation programmes with a focus on collaborative, multidisciplinary care, ensuring that every plan is personalised to meet the diverse needs of her clients.

Helen's expertise spans acute, secondary, and outpatient care, allowing her to offer versatile support across various settings. She is dedicated to assembling compassionate, specialist teams that align with her clients' personalities and goals, fostering trust and respect among clients, families, and professionals alike. Balancing professionalism with a calm, approachable attitude, she strives to be the linchpin in her clients' path to recovery, committed to enhancing lives through every challenge.

Testimonial

"Helen has worked as a case manager for one of my clients for over 5 years on a complex case. Helen is extremely knowledgeable and compassionate and has at her very core a determination to do the very best for her client at all times. Helen has on many occasions gone above and beyond for my client in her role as the case manager to ensure that situations are dealt with expeditiously and to ensure my client has received the best care and management as is possible. She has always ensured that I am kept updated on key developments from a case management perspective and involved me in any decision making that has been required. I have no hesitation in recommending Helen as a case manager." – *Solicitor*

Qualifications

BSc Hons Degree Occupational Therapy 2000.

Professional Memberships

Health & Care Professions Council (Reg: OT37769)
Case Management Society UK (Reg: 21-5861-CM)

Location

Sidmouth, Devon

Coverage

South East England, South West England, Wales



The
Case Management
Community





The
Case Management
Community

Helen Burrow

Independent Case Manager
HB Case Management

3HUB Community Governance & Due Diligence

helen@helenburrow-cm.co.uk



Contact	office@threehub.co.uk 01243 769081 www.threehub.co.uk
Professional Memberships	Health & Care Professions Council (Reg: OT37769) Case Management Society UK (Reg: 21-5861-CM) Registration evidence available on request.
Qualifications	BSc Hons Degree Occupational Therapy 2000
Continuous Professional Development	Regular training and formal 3 monthly supervision. Professional development reviews and governance/due diligence checks are undertaken annually. Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.
Professional Liability Insurance Policy	Professional Indemnity Cover: up to £10million per claim Public Liability Cover: up to £10million per claim Policy details available on request.
GDPR compliant	Current ICO Certificate available on request. Data Controller: Helen Burrow
Enhanced Disclosure and Barring Service (DBS) Certificate & Update Service	Full, clear enhanced DBS certificate currently in place & update service details available on request.
Key Policies	All our policies and procedures are reviewed annually, and full details are available on request. Our suite of policies and procedures include Governance (including third party due diligence), Data & IT, Safeguarding, Safe Working & Risk Management, Employment, Clinical.